

# Haden Hill Swimming Club Club Championship Sprints 2016



Programme of Events  
Saturday 2<sup>nd</sup> July 2016  
Haden Hill Leisure Centre

License: 4WM161437

**Website:** <http://www.hadenhillswimmingclub.co.uk/>

**Facebook:** <https://www.facebook.com/HadenHillSwimmingClub>

**Twitter:** <https://twitter.com/HadeHillSwim>

**Email:** [info@hadenhillswimmingclub.co.uk](mailto:info@hadenhillswimmingclub.co.uk)

**Heats & Live Results:** <http://www.hadenhillswimmingclub.co.uk>  
**(Mobile Platforms)** <http://results.hadenhillswimmingclub.co.uk>

## Admission

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<b>Adults:</b>	£2.00
<b>Children:</b>	£FoC (7yrs/Un)
<b>Programme:</b>	Programmes will be available for download only

## Warm-Up Procedure

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**Warm-Up:** Warm-up will be under coach's discretion. Maximum time allowed shall be 30 minutes.

Warm-up will be at 5.00pm.

Please see your coach information on the day.

## Age Group Categories

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- **25m:** 8yrs/Un, 9 yrs , 10yrs
- **50m:** 9 yrs, 10/11's, 12/13's, 14/15's, 16/Ov
- **100m:** 10/11's, 12/13's, 14/15's, 16/Ov

### Note for 9 year olds:

- A 9 year old can only enter a 25m event if they are in the Skill Development Group or lower.
- A 9 year old can only enter a 50m event if they are in the Junior Group or higher.

All results declared on a HDW (heat declared winner basis)  
Heats may have 'over the top' starts

## Medals & Skins Prize

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Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> will be awarded for each age group category per qualifying event.

### Skins

The winner in the Skins event (males & female) will receive:

£25 Amazon Voucher for 1<sup>st</sup> place  
£10 Amazon Voucher for 2<sup>nd</sup> place



## Programme of Events

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Age at 31st December in the year of Competition

### Session 1 – Saturday 2<sup>nd</sup> July 2016 @ 5.30pm

101	Boys 9's/Under	25m	Backstroke	102	Girls 9's/Under	25m	Breaststroke
103	Boys 9's/Over	50m	Freestyle	104	Girls 9's/Over	50m	Breaststroke
105	Boys 9's/Over	50m	Backstroke	106	Girls 9's/Over	50m	Freestyle
107	Boys 9's/Under	25m	Butterfly	108	Girls 9's/Under	25m	Freestyle
109	Boys 9's/Over	50m	Butterfly	110	Girls 9's/Over	50m	Backstroke

### 15 Minute Rest Period Before Session 2

### Session 2 – Saturday 2<sup>nd</sup> July 2016

201	Boys 9's/Un	25m	Breaststroke	202	Girls 9's/Under	25m	Backstroke
203	Boys 10/Over	100m	4x25m IM	204	Girls 10/Over	100m	4x25m IM
205	Boys 9's/Under	25m	Freestyle	206	Girls 9's/Under	25m	Butterfly
207	Boys 9's/Over	50m	Breaststroke	208	Girls 9's/Over	50m	Butterfly

### 15 Minutes Reset Period Before Skins

## Points

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Points will be awarded in the following events:

These will be the qualifying events for the Skins competition.

- Event: 103 Boys 9's/Over 50m Freestyle
- Event: 106 Girls 9's/Over 50m Freestyle
- Event: 203 Boys 9's/Over 4x25m IM
- Event: 204 Boys 9's/Over 4x25m IM

### Scoring

- 5 points for 1<sup>st</sup> place
- 4 points for 2<sup>nd</sup> place
- 3 points for 3<sup>rd</sup> place
- 2 points for 4<sup>th</sup> place
- 1 points for 5<sup>th</sup> place

## Meet Timings

### Session 1 (Approx.)

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	B	25 Ba	Heats	3	1	05:30	00:03	00:03
102	G	25 Br	Heats	3	1	05:33	00:03	00:06
103	B	50 Fr	Heats	17	4	05:36	00:08	00:13
104	G	50 Br	Heats	22	5	05:43	00:10	00:23
105	B	50 Ba	Heats	17	4	05:53	00:09	00:32
106	G	50 Fr	Heats	24	5	06:02	00:09	00:41
107	B	25 Fl	Heats	3	1	06:11	00:03	00:44
108	G	25 Fr	Heats	6	2	06:14	00:05	00:49
109	B	50 Fl	Heats	14	3	06:19	00:06	00:56
110	G	50 Ba	Heats	24	5	06:26	00:11	01:07

**Estimated Session Finish Time 06:37**

**Break: 15 Minutes**

### Session 2 (Approx.)

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201	B	25 Br	Heats	3	1	06:55	00:03	00:03
202	G	25 Ba	Heats	6	2	06:58	00:06	00:09
203	B	100 IM	Heats	14	3	07:04	00:09	00:18
204	G	100 IM	Heats	23	5	07:13	00:16	00:34
205	B	25 Fr	Heats	3	1	07:29	00:03	00:37
206	G	25 Fl	Heats	1	1	07:32	00:01	00:38
207	B	50 Br	Heats	16	4	07:33	00:08	00:47
208	G	50 Fl	Heats	22	5	07:42	00:10	00:56

**Estimated Session Finish Time 07:51**

**Break: 15 Minutes**

### Session 3 (Approx.)

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
301	B	4 x 50m Skins	Heats	5	4	08:05	08:20	
301	G	5 x 50m Skins	Heats	5	4	08:06	08:21	

**Estimated Session Finish Time 08:21**

## Competing Swimmers

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Alex Brammeld	Jennifer Knowles
Alexandra Cooper	Joseph Quinn
Alice Wootton	Justin Yeung
Andrew Ciuperca	Lauryn Bennett
Anna Harrison	Lucy Byrne
Anthony Yeung	Lucy Yeung
Archie Turner	Maddison Bennett
Ashley Markall	Maya Coxon
Benjamin Price	Mia Taylor-Seal
Daniel Hipkiss	Millie Wilson
Elysia Stephens	Natasha Garbett
Emily-Rose Russell	Niamh Coxon
Euan Coxon	Nick Bates-Mudie
Eva Coxon	Paige Allbutt
Francesca Cox-Coley	Patrick Wood
Grace Hewett	Pheobe Johnson
Grace Johnson	Regan Whitehouse
Helen Harper	Rhia Weston
Isobel Cooper	Rosalind Cooper
Jacob Fellows	Roxie Penk
Jake Harper	Ruth Harrison
James Moore	Sebastian Ciuperca
James Rowe	Skye-Louise Weston
Jamie Markall	Summer Boden
Jayden Weston	Tamzin Brammeld

## Session 1 Seeding

### Event 101 Boys 10 Yrs/Under 25m Backstroke

#### Heat Number - 1

Lane	Name	AaD	Club/Country	Time
2	Sebastian Ciuperca	10	Haden Hill	2:00.00
3	Jayden Weston	8	Haden Hill	29.85
4	Andrew Ciuperca	7	Haden Hill	2:00.00

### Event 102 Girls 10 Yrs/Under 25m Breaststroke

#### Heat Number - 1

Lane	Name	AaD	Club/Country	Time
2	Eva Coxon	8	Haden Hill	2:00.00
3	Grace Johnson	8	Haden Hill	35.87
4	Elysia Stephens	7	Haden Hill	2:00.00

### Event 103 Boys 09 Yrs/Over 50m Freestyle

#### Heat Number - 1

Lane	Name	AaD	Club/Country	Time
2	Jacob Fellows	10	Haden Hill	3:00.00
3	Jamie Markall	13	Haden Hill	57.51
4	Patrick Wood	10	Haden Hill	49.28

#### Heat Number - 2

Lane	Name	AaD	Club/Country	Time
1	Benjamin Price	11	Haden Hill	43.17
2	Jake Harper	11	Haden Hill	42.05
3	Alex Brammeld	11	Haden Hill	40.75
4	Archie Turner	9	Haden Hill	40.69

#### Heat Number - 3

Lane	Name	AaD	Club/Country	Time
1	Regan Whitehouse	11	Haden Hill	37.69
2	James Rowe	10	Haden Hill	37.59
3	Joseph Quinn	15	Haden Hill	37.15
4	James Moore	13	Haden Hill	36.06
5	Daniel Hipkiss	14	Haden Hill	31.93

#### Heat Number - 4

Lane	Name	AaD	Club/Country	Time
1	Anthony Yeung	15	Haden Hill	29.86
2	Euan Coxon	15	Haden Hill	28.92
3	Ashley Markall	17	Haden Hill	27.38
4	Nick Bates-Mudie	32	Haden Hill	27.78
5	Justin Yeung	14	Haden Hill	28.93

### Event 104 Girls 09 Yrs/Over 50m Breaststroke

#### Heat Number - 1

Lane	Name	AaD	Club/Country	Time
2	Grace Hewett	13	Haden Hill	3:00.00
3	Maya Coxon	10	Haden Hill	1:08.47

4	Niamh Coxon	11	Haden Hill	59.8
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**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
1	Skye-Louise Weston	11	Haden Hill	58.33
2	Maddison Bennett	11	Haden Hill	58.04
3	Tamzin Brammeld	10	Haden Hill	57.56
4	Anna Harrison	9	Haden Hill	54.8

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Francesca Cox-Coley	10	Haden Hill	53.66
2	Mia Taylor-Seal	11	Haden Hill	51.52
3	Emily-Rose Russell	10	Haden Hill	51.48
4	Rosalind Cooper	11	Haden Hill	50.92
5	Pheobe Johnson	11	Haden Hill	48.89

**Heat Number - 4**

Lane	Name	AaD	Club/Country	Time
1	Alice Wootton	11	Haden Hill	48.86
2	Natasha Garbett	13	Haden Hill	48.53
3	Alexandra Cooper	15	Haden Hill	47.77
4	Isobel Cooper	13	Haden Hill	46.32
5	Roxie Allbutt Penk	15	Haden Hill	45.98

**Heat Number - 5**

Lane	Name	AaD	Club/Country	Time
1	Lucy Yeung	16	Haden Hill	45.12
2	Ruth Harrison	14	Haden Hill	42.45
3	Jennifer Knowles	36	Haden Hill	41.48
4	Lauryn Bennett	12	Haden Hill	42.16
5	Helen Harper	13	Haden Hill	43.43

**Event 105 Boys 09 Yrs/Over 50m Backstroke****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
2	Patrick Wood	10	Haden Hill	3:00.00
3	James Rowe	10	Haden Hill	3:00.00
4	Jacob Fellows	10	Haden Hill	3:00.00

**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
1	Jamie Markall	13	Haden Hill	1:01.26
2	Benjamin Price	11	Haden Hill	52.49
3	Archie Turner	9	Haden Hill	50.43
4	Jake Harper	11	Haden Hill	50.21

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Alex Brammeld	11	Haden Hill	46.7
2	James Moore	13	Haden Hill	46.62
3	Joseph Quinn	15	Haden Hill	46.44
4	Regan Whitehouse	11	Haden Hill	45.58

5	Daniel Hipkiss	14	Haden Hill	40.81
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**Heat Number - 4**

Lane	Name	AaD	Club/Country	Time
1	Justin Yeung	14	Haden Hill	34.29
2	Anthony Yeung	15	Haden Hill	33.96
3	Ashley Markall	17	Haden Hill	30.67
4	Euan Coxon	15	Haden Hill	31.58
5	Nick Bates-Mudie	32	Haden Hill	34

**Event 106 Girls 09 Yrs/Over 50m Freestyle****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
1	Grace Hewett	13	Haden Hill	3:00.00
2	Maya Coxon	10	Haden Hill	49.21
3	Francesca Cox-Coley	10	Haden Hill	45
4	Skye-Louise Weston	11	Haden Hill	43.72

**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
1	Rosalind Cooper	11	Haden Hill	43.32
2	Alexandra Cooper	15	Haden Hill	42.97
3	Tamzin Brammeld	10	Haden Hill	42.25
4	Mia Taylor-Seal	11	Haden Hill	41.28
5	Isobel Cooper	13	Haden Hill	40.82

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Alice Wootton	11	Haden Hill	40.21
2	Anna Harrison	9	Haden Hill	40
3	Paige Allbutt	10	Haden Hill	39.63
4	Maddison Bennett	11	Haden Hill	39.3
5	Emily-Rose Russell	10	Haden Hill	37.93

**Heat Number - 4**

Lane	Name	AaD	Club/Country	Time
1	Niamh Coxon	11	Haden Hill	36.84
2	Roxie Allbutt Penk	15	Haden Hill	36.7
3	Millie Wilson	13	Haden Hill	36.53
4	Pheobe Johnson	11	Haden Hill	36.43
5	Helen Harper	13	Haden Hill	34.62

**Heat Number - 5**

Lane	Name	AaD	Club/Country	Time
1	Natasha Garbett	13	Haden Hill	33.62
2	Ruth Harrison	14	Haden Hill	32.51
3	Lucy Yeung	16	Haden Hill	30.28
4	Lauryn Bennett	12	Haden Hill	30.91
5	Jennifer Knowles	36	Haden Hill	32.91

**Event 107 Boys 10 Yrs/Under 25m Butterfly****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
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2	Sebastian Ciuperca	10	Haden Hill	2:00.00
3	Andrew Ciuperca	7	Haden Hill	2:00.00
4	Jayden Weston	8	Haden Hill	2:00.00

#### Event 108 Girls 10 Yrs/Under 25m Freestyle

##### Heat Number - 1

Lane	Name	AaD	Club/Country	Time
2	Eva Coxon	8	Haden Hill	2:00.00
3	Rhia Weston	6	Haden Hill	2:00.00
4	Elysia Stephens	7	Haden Hill	2:00.00

##### Heat Number - 2

Lane	Name	AaD	Club/Country	Time
2	Lucy Byrne	9	Haden Hill	2:00.00
3	Grace Johnson	8	Haden Hill	25.14
4	Summer Boden	7	Haden Hill	2:00.00

#### Event 109 Boys 09 Yrs/Over 50m Butterfly

##### Heat Number - 1

Lane	Name	AaD	Club/Country	Time
1	Archie Turner	9	Haden Hill	3:00.00
2	Regan Whitehouse	11	Haden Hill	3:00.00
3	Benjamin Price	11	Haden Hill	1:08.61
4	Jake Harper	11	Haden Hill	1:06.51

##### Heat Number - 2

Lane	Name	AaD	Club/Country	Time
1	Joseph Quinn	15	Haden Hill	48.95
2	James Moore	13	Haden Hill	47.72
3	Alex Brammeld	11	Haden Hill	44.82
4	James Rowe	10	Haden Hill	44.03
5	Daniel Hipkiss	14	Haden Hill	35.63

##### Heat Number - 3

Lane	Name	AaD	Club/Country	Time
1	Justin Yeung	14	Haden Hill	33.88
2	Euan Coxon	15	Haden Hill	32.52
3	Ashley Markall	17	Haden Hill	27.8
4	Nick Bates-Mudie	32	Haden Hill	30.75
5	Anthony Yeung	15	Haden Hill	33

#### Event 110 Girls 09 Yrs/Over 50m Backstroke

##### Heat Number - 1

Lane	Name	AaD	Club/Country	Time
1	Grace Hewett	13	Haden Hill	3:00.00
2	Mia Taylor-Seal	11	Haden Hill	1:09.53
3	Anna Harrison	9	Haden Hill	55.4
4	Maya Coxon	10	Haden Hill	55

##### Heat Number - 2

Lane	Name	AaD	Club/Country	Time
1	Skye-Louise Weston	11	Haden Hill	50.74
2	Francesca Cox-Coley	10	Haden Hill	49.81

3	Emily-Rose Russell	10	Haden Hill	48
4	Rosalind Cooper	11	Haden Hill	47.77
5	Tamzin Brammeld	10	Haden Hill	47.35

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Maddison Bennett	11	Haden Hill	46.88
2	Isobel Cooper	13	Haden Hill	46.5
3	Niamh Coxon	11	Haden Hill	46.32
4	Alice Wootton	11	Haden Hill	46.2
5	Alexandra Cooper	15	Haden Hill	46

**Heat Number - 4**

Lane	Name	AaD	Club/Country	Time
1	Paige Allbutt	10	Haden Hill	44.1
2	Pheobe Johnson	11	Haden Hill	43.47
3	Helen Harper	13	Haden Hill	41.36
4	Millie Wilson	13	Haden Hill	40.04
5	Roxie Allbutt Penk	15	Haden Hill	39.52

**Heat Number - 5**

Lane	Name	AaD	Club/Country	Time
1	Natasha Garbett	13	Haden Hill	39.04
2	Lauryn Bennett	12	Haden Hill	37.75
3	Ruth Harrison	14	Haden Hill	36.47
4	Lucy Yeung	16	Haden Hill	37.63
5	Jennifer Knowles	36	Haden Hill	38.08

## Session 2 Seeding

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**Event 201 Boys 10 Yrs/Under 25m Breaststroke****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
2	Sebastian Ciuperca	10	Haden Hill	2:00.00
3	Jayden Weston	8	Haden Hill	35.25
4	Andrew Ciuperca	7	Haden Hill	2:00.00

**Event 202 Girls 10 Yrs/Under 25m Backstroke****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
2	Eva Coxon	8	Haden Hill	2:00.00
3	Rhia Weston	6	Haden Hill	2:00.00
4	Elysia Stephens	7	Haden Hill	2:00.00

**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
2	Lucy Byrne	9	Haden Hill	2:00.00
3	Grace Johnson	8	Haden Hill	28.34
4	Summer Boden	7	Haden Hill	2:00.00

**Event 203 Boys 10 Yrs/Over 100m IM**

**Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
1	Jake Harper	11	Haden Hill	4:00.00
2	James Moore	13	Haden Hill	4:00.00
3	Jamie Markall	13	Haden Hill	2:56.71
4	Joseph Quinn	15	Haden Hill	2:32.55

**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
1	Benjamin Price	11	Haden Hill	2:03.36
2	James Rowe	10	Haden Hill	1:53.07
3	Regan Whitehouse	11	Haden Hill	1:52.59
4	Alex Brammeld	11	Haden Hill	1:36.36
5	Anthony Yeung	15	Haden Hill	1:21.05

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Nick Bates-Mudie	32	Haden Hill	1:20.00
2	Justin Yeung	14	Haden Hill	1:14.50
3	Ashley Markall	17	Haden Hill	1:03.10
4	Daniel Hipkiss	14	Haden Hill	1:12.00
5	Euan Coxon	15	Haden Hill	1:15.49

**Event 204 Girls 10 Yrs/Over 100m IM****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
2	Mia Taylor-Seal	11	Haden Hill	4:00.00
3	Maya Coxon	10	Haden Hill	4:00.00
4	Grace Hewett	13	Haden Hill	4:00.00

**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
1	Paige Allbutt	10	Haden Hill	4:00.00
2	Alexandra Cooper	15	Haden Hill	4:00.00
3	Rosalind Cooper	11	Haden Hill	2:25.00
4	Isobel Cooper	13	Haden Hill	2:00.56
5	Francesca Cox-Coley	10	Haden Hill	2:00.00

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Skye-Louise Weston	11	Haden Hill	1:57.42
2	Maddison Bennett	11	Haden Hill	1:55.96
3	Niamh Coxon	11	Haden Hill	1:47.57
4	Alice Wootton	11	Haden Hill	1:45.86
5	Tamzin Brammeld	10	Haden Hill	1:44.31

**Heat Number - 4**

Lane	Name	AaD	Club/Country	Time
1	Emily-Rose Russell	10	Haden Hill	1:39.70
2	Millie Wilson	13	Haden Hill	1:38.62
3	Pheobe Johnson	11	Haden Hill	1:35.83
4	Natasha Garbett	13	Haden Hill	1:33.63

5	Roxie Allbutt Penk	15	Haden Hill	1:32.66
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**Heat Number - 5**

Lane	Name	AaD	Club/Country	Time
1	Lauryn Bennett	12	Haden Hill	1:28.13
2	Ruth Harrison	14	Haden Hill	1:26.69
3	Lucy Yeung	16	Haden Hill	1:19.75
4	Jennifer Knowles	36	Haden Hill	1:21.00
5	Helen Harper	13	Haden Hill	1:26.88

**Event 205 Boys 10 Yrs/Under 25m Freestyle****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
2	Sebastian Ciuperca	10	Haden Hill	2:00.00
3	Jayden Weston	8	Haden Hill	27.58
4	Andrew Ciuperca	7	Haden Hill	2:00.00

**Event 206 Girls 10 Yrs/Under 25m Butterfly****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
3	Grace Johnson	8	Haden Hill	32.86

**Event 207 Boys 09 Yrs/Over 50m Breaststroke****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
2	James Moore	13	Haden Hill	3:00.00
3	Archie Turner	9	Haden Hill	3:00.00
4	Benjamin Price	11	Haden Hill	1:16.11

**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
2	Patrick Wood	10	Haden Hill	1:07.06
3	Jamie Markall	13	Haden Hill	1:06.17
4	Regan Whitehouse	11	Haden Hill	1:01.02

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Jake Harper	11	Haden Hill	1:00.51
2	Alex Brammeld	11	Haden Hill	53.9
3	Joseph Quinn	15	Haden Hill	51.19
4	Euan Coxon	15	Haden Hill	40.57
5	Daniel Hipkiss	14	Haden Hill	40.43

**Heat Number - 4**

Lane	Name	AaD	Club/Country	Time
1	Justin Yeung	14	Haden Hill	39.34
2	Anthony Yeung	15	Haden Hill	38.36
3	Ashley Markall	17	Haden Hill	32.89
4	Nick Bates-Mudie	32	Haden Hill	35.38
5	James Rowe	10	Haden Hill	39

**Event 208 Girls 09 Yrs/Over 50m Butterfly****Heat Number - 1**

Lane	Name	AaD	Club/Country	Time
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2	Isobel Cooper	13	Haden Hill	3:00.00
3	Maya Coxon	10	Haden Hill	3:00.00
4	Mia Taylor-Seal	11	Haden Hill	1:03.67

**Heat Number - 2**

Lane	Name	AaD	Club/Country	Time
1	Maddison Bennett	11	Haden Hill	57.98
2	Alice Wootton	11	Haden Hill	57.22
3	Anna Harrison	9	Haden Hill	56.2
4	Skye-Louise Weston	11	Haden Hill	55.14

**Heat Number - 3**

Lane	Name	AaD	Club/Country	Time
1	Francesca Cox-Coley	10	Haden Hill	53.96
2	Rosalind Cooper	11	Haden Hill	52.37
3	Paige Allbutt	10	Haden Hill	51.96
4	Tamzin Brammeld	10	Haden Hill	48.7
5	Niamh Coxon	11	Haden Hill	47.98

**Heat Number - 4**

Lane	Name	AaD	Club/Country	Time
1	Millie Wilson	13	Haden Hill	47.76
2	Emily-Rose Russell	10	Haden Hill	46.55
3	Natasha Garbett	13	Haden Hill	45.74
4	Roxie Allbutt Penk	15	Haden Hill	45.07
5	Helen Harper	13	Haden Hill	41.5

**Heat Number - 5**

Lane	Name	AaD	Club/Country	Time
1	Ruth Harrison	14	Haden Hill	40.78
2	Lauryn Bennett	12	Haden Hill	39.19
3	Lucy Yeung	16	Haden Hill	35.94
4	Jennifer Knowles	36	Haden Hill	36
5	Pheobe Johnson	11	Haden Hill	40.76

# Worcester County Swimming Association Qualifying Times 2016



## WORCESTER COUNTY SWIMMING ASSOCIATION Qualifying Times - County Championships 2016

<b>Boys Events</b>	<b>10/11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/Ov</b>	<b>25+</b>
50m Freestyle	37.3	33.7	31.8	30.2	29.7	29.1	NoQT
100m Freestyle	01:27.7	01:18.2	01:13.8	01:09.0	01:05.7	01:03.5	
200m Freestyle	03:10.0	02:57.1	02:43.0	02:30.9	02:21.0	02:17.6	
400m Freestyle	06:17.8	05:52.7	05:33.9	05:16.3	04:58.3	04:48.5	
800m Freestyle							
1500m Freestyle		22:05.0	21:45.0	20:00.0	19:25.0	19:25.0	
50m Breaststroke	48.18	45.9	43.6	40.4	37.5	36.8	NoQT
100m Breaststroke	01:49.6	01:40.6	01:34.6	01:27.7	01:23.4	01:18.8	
200m Breaststroke	04:01.5	03:40.5	03:25.1	03:10.8	02:57.3	02:47.6	
50m Butterfly	41.8	39.6	37.5	34.6	33.4	31.7	NoQT
100m Butterfly	01:38.5	01:28.2	01:21.7	01:17.2	01:11.8	01:09.0	
200m Butterfly	03:47.7	03:16.9	02:58.1	02:47.0	02:39.5	02:32.4	
50m Backstroke	43.5	41.2	39	36.4	34.8	33	NoQT
100m Backstroke	01:35.4	01:28.4	01:23.2	01:18.0	01:13.6	01:09.9	
200m Backstroke	03:31.3	03:15.9	03:00.5	02:46.6	02:32.6	02:31.1	
100m Individual Medley	01:40.2	01:28.0	01:23.2	01:18.1	01:12.9	01:10.4	
200m Individual Medley	03:26.8	03:12.9	03:00.3	02:51.4	02:41.7	02:34.9	
400m Individual Medley		6:43.5	06:19.2	06:03.6	05:34.7	05:14.9	
<b>Girls Events</b>	<b>10/11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/Ov</b>	<b>25+</b>
50m Freestyle	37.7	35	33.4	32	31.7	31.7	NoQT
100m Freestyle	01:24.3	01:18.7	01:14.1	01:11.5	01:09.5	01:08.3	
200m Freestyle	03:10.5	02:52.4	02:41.2	02:34.3	02:30.5	02:27.8	
400m Freestyle	06:21.5	05:48.9	05:32.0	05:14.7	05:12.5	05:05.6	
800m Freestyle		12:05.0	11:30.0	10:45.0	10:40.0	10:40.0	
1500m Freestyle							
50m Breaststroke	50	46.7	44	42.1	40.7	39.8	NoQT
100m Breaststroke	01:49.6	01:41.1	01:35.0	01:29.8	01:27.1	01:25.5	
200m Breaststroke	03:59.9	03:38.2	03:23.9	03:12.0	03:07.9	03:04.2	
50m Butterfly	42	40.1	37.9	36.1	35.2	34.1	NoQT
100m Butterfly	01:37.2	01:28.8	01:23.1	01:19.7	01:16.8	01:15.5	
200m Butterfly	03:37.9	03:17.2	03:02.4	02:52.3	02:46.3	02:33.8	
50m Backstroke	43.8	41.4	39.2	37.7	36.5	35.9	NoQT
100m Backstroke	01:37.6	01:28.8	01:23.5	01:19.8	01:17.1	01:15.8	
200m Backstroke	03:26.1	03:06.1	02:57.7	02:49.4	02:44.3	02:41.6	
100m Individual Medley	01:34.0	01:28.1	01:25.3	01:21.5	01:19.2	01:15.4	
200m Individual Medley	03:29.6	03:13.8	03:01.1	02:55.2	02:49.4	02:46.4	
400m Individual Medley		06:45.0	06:15.1	06:01.0	05:51.5	05:48.3	

*The Promoter reserves the right to further restrict entries for good Gala Management*

Age as at 31st December 2016

All times to have been achieved between April 2015 & 18th December 2015 in Open Competition (no splits), Club Competition or Official Club Time Trials. Closing Date - For Championship entries is 18th December 2015 All entries must be submitted through your Club's Swimming Representative.

## Skins Event: What is a Skins event?

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In simple terms, a Skins event is a knockout competition! There will be 5 swimmers who qualify from the Sprints events to go through in each gender. Swimmers will qualify from combined points in the 50m Freestyle and the 100m IM events and be given a chance to claim the £25 Amazon voucher for the winner. Tactics will play a key part in winning the event.

### INTRODUCTION FROM THE ASA

- 1.1. In recent years the concept of 'Skins' events has been introduced into swimming competitions held in England under ASA Swimming Rules. This has led to some misunderstanding as, depending upon the format some 'Skins' events by their nature contravene ASA Swimming Rules.
- 1.2. Whilst there are many variations a 'Skins' event is generally a continuous competition whereby competitors race against themselves over a number of rounds, each starting after a fixed time from the start of the previous round. A swimmer, (generally the slowest in a race) or swimmers being eliminated in each round, until an eventual winner is found. The number of available lanes in the pool normally governs the number of competitors.
- 1.3. A popular format being, for example, the contest involving races starting at 3 minute intervals, a warning signal (whistle) given at 2 minute 50 seconds and the start signal being given at 3 minutes – no voice commands given. This clearly contravenes the ASA Swimming Rules regarding the Start of a race.
- 1.4. Often separate competitions for female and male competitors are held concurrently resulting in a race starting in the pool every 1 minute 30 seconds in the case of 3 minute starts for both male and female competition.
- 1.5. The 'Skins' concept provides for exciting competition and is growing in its use throughout the Country. Due to the format, in most cases as described, the competitions sit outside ASA Swimming Rules, it is necessary therefore to provide guidance to event Promoters in order to ensure clarity and fairness to all concerned in running such competitions.
- 1.6. Such guidance will not inhibit the imagination of those hosting the 'Skins' event. It will provide a structure whereby the rules of an individual competition will be clear to all persons involved either as a competitor or official.
- 1.7. The guidance that follows is in the format of conditions which have to be considered, together with areas for consideration and potential options. The overriding requirement is that all matters relating to the running of a competition are clear and known to all parties before entries are considered. It is imperative that the Promoter Conditions are clear and concise. The alternative is that Promoters will find themselves exposed to grounds for a Protest which could have been avoided if sufficient consideration had been given to the prevailing conditions prior to advertising the competition.
- 1.8. It is accepted that conditions are unlikely to cover all eventualities, however if the following guidance is considered the potential for misunderstanding will be reduced.
- 1.9. A set of sample Promoters Conditions have been included with this paper as an indication as to the range of areas which need to be considered and covered in order to ensure that all parties are aware of the nature of the competition.



## Haden Hill Terms & Conditions for Skins

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1. This 'Skins Event' will be a continuous competition commencing with 5 competitors and over a continuous series of races over a distance of 50m. One or more competitors to be eliminated in each round until a winner is determined. Races in each competition will take place following an interval of 3 minutes from the start of the previous race a warning signal being given 10 seconds prior to the start of each round.
2. The Event shall take place at Haden Hill Leisure Centre, on the 2<sup>nd</sup> July.
3. Skins competitions will be held for:
  - a. Boys 9 years and over
  - b. Girls 9 years and over
 Events (a) and (b) will swim concurrently with a separation of 90 seconds between boys and girls races. Boy's competition starts first.
4. The event is open to all swimmer who have not achieved a ASA Midlands qualifying time
5. First place prize for each event will be: £25 Amazon voucher and the runner up will receive a £10 Amazon voucher.
6. The competitors for each Event shall be the five swimmers with the highest number of accumulated gala points determined by the published results from the qualifying events. The qualifying events shall be; 50m Freestyle and 100m IM during the 'Haden Hill Swimming Club Sprint Meet 2016'. Should a qualifying swimmer not wish to compete then the next highest points scorer will be invited to compete.
7. Lanes will be allocated on the basis of 'spearheading' in accordance with FINA swimming rule SW312. The highest point scoring swimmer occupying the centre lane. Swimmers are required to swim in their allocated lane whilst they remain in the competition until the final race. The remaining two swimmers will occupy the centre lanes. The highest point qualifying swimmer occupying Lane 3 and the second swimmer in Lane 2.
8. The stroke for each individual race will by random draw from a choice of Freestyle, Breaststroke, Butterfly and Backstroke. The draw for the stroke to be contested in the first round to be undertaken by the swimmer with the highest qualifying score in the Event. Draws for subsequent rounds will be by the swimmer eliminated from the previous round. If more than one swimmer is eliminated in a round, the draw will be by the first swimmer eliminated, or by decision of the Referee if eliminated at the same time.
9. The first race in each Event will commence in accordance with ASA Swimming Rules governing the Start of the selected stroke. Each race shall be over a distance of 50m.
10. Subsequent rounds will start at the starting end of the pool, following an interval of 3 minutes from the previous Start. A warning whistle will be blown 10 seconds prior to the Starting signal being sounded. No verbal commands will be given. Competitors' feet, or hands in the case of Backstroke must be in contact with the Starting Platform or Grips when the Start Signal is given. For Backstroke rounds competitors will start in the water with both hands holding the starting grips. For forward starts swimmers are required to have at least one foot at the front of the Starting Platform.
11. In all races swimmers are required to comply with the FINA Swimming Rules regarding Stroke and Finish conditions. Failure to do so will lead to elimination by disqualification.
12. The slowest competitor in each round shall be eliminated unless a competitor has been eliminated by disqualification, in which case the slowest competitor remains in the competition.
13. Apart from the first round, times achieved by swimmers are not to be used for any other purpose. Determination of the slowest swimmer will be by the Referee utilising either Automatic Officiating Equipment (AOE) or manual Finish Judges, in accordance with FINA Swimming Rules governing placing. Should AOE be used the Referee shall determine whether it operated correctly.



14. In the case of more than one swimmer being disqualified, or a dead heat for the slowest swimmer all affected swimmers are eliminated and the accumulated prize money for the positions divided equally between the relevant swimmers.
15. Should for any reason the competition have to be halted before its conclusion it shall restart with a re-swim of the round halted or subsequent round if halted following the correct completion of a round. The Start of the recommencement of the competition will be in accordance with the FINA Swimming Rules of the relevant stroke.
16. In the case of a dead heat in the final race, it will be re-swum as an additional round in accordance with the Event conditions. Determination of the result following a subsequent dead heat maybe determined by any means agreed by the affected swimmers.

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## Terms & Conditions

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1. Entry forms can be obtained from the club's website <http://www.hadenhillswimmingclub.co.uk>. Entries must be submitted electronically using the SportsSystem by a duly appointed club representative to the following address: [hhcc@hadenhillswimmingclub.co.uk](mailto:hhcc@hadenhillswimmingclub.co.uk). Forms must be submitted to your club representative Sharon Adlam no later than Thursday 16<sup>th</sup> June 2016.
2. Individual entry is £2 per event with a maximum cost of £6 for all events.
3. The meet is licensed by the ASA at Level 4. Licensed Reference: 4WM161437
4. Events will be swum as on the programme. All events will be heat declared winner where the final heat in each event will be spearheaded.
5. Ages as at end of year of competition: 31<sup>st</sup> December 2016.
6. All swimmers must be a paid up member of The Club for with active membership. Swimmers without paid up membership will be subject to disqualification.
7. Principles for acceptance of entries:
  - a. The Promoters reserve the right to refuse any entry. Incorrect entries will not be accepted. Any entries that are not accepted will be returned with the entry fee. Entries are accepted on the understanding that the competitor accepts the Promoter's Conditions.
  - b. No refunds will be made to competitors who withdraw after the closing date for submission of entries or who withdraw after advice of acceptance.
8. Heats may have 'over the top' starts.
9. Entries will be seeded into heats from submitted times, with the slowest heat first. Swimmers will be seeded one week after the closing date and displayed on the HHSC website.
10. There will be 4 event age groups eligible for Level 4 licensing in the following events: 10/11's years, 12/13 years, 14/15 years, 16years/Ov for 50m and 100m events. No other age groups will be licensed
11. There will be 2 event age groups for 25m events: 8's and Under, 9 years.
12. A 9 year old can only enter a 25m event if they are in the Skill Development Group or lower. A 9 year old can only enter a 50m event if they are in the Junior Group or higher.
13. An award will be made to the fastest three swimmers in each age group category in each event.
14. Medals will be awarded for swimmers 1<sup>st</sup> to 3<sup>rd</sup> in each age group in each event
15. A £25 voucher will be awarded for the winner in each age group in each gender for the Skins event with a second prize of £10 voucher in each gender.
16. Any competitor disqualified will not receive an award for that event including Skins event.
17. The Promoters reserve the right to amend these conditions as necessary with approval from the licensing officer. All participants will be informed of any alterations.
18. The competition will be held under A.S.A. Laws and Technical Rules, and the ASA Laws on Open Competitions shall cover any laws not covered by the Promoter's Conditions.